

ACR-GNY Roundtable Breakfast | July 7, 2022

ZOOM MEETING FULL PUBLIC CHAT TRANSCRIPT

01:23:29 Niki Borofsky | JAMS New York: Welcome to the ACR-GNY & John Jay Dispute Resolution Center Roundtable Breakfast! We would love to know where you are Zooming in from—please add your location to your name... To do this, hover over your photo, click on the three dots in the upper righthand corner and select rename.

01:24:02 Niki Borofsky | JAMS New York: Welcome to the 251st Roundtable Breakfast!

01:24:12 Niki Borofsky | JAMS New York: This session is being recorded and will be posted within the week on the ACR-GNY website. You can also watch past Roundtable Breakfasts at: <https://www.acrgny.org/RTB-Videos>

01:26:36 Harvey Simon: Greetings all from Sunnyside, Queens

01:27:33 Cris Houston: Greetings, from Waco, Texas!

01:28:03 Cris Houston: I am sad and ... other things about state of affairs in this world, and I am sorry that you are going through the sadness.

01:28:20 Niki Borofsky | JAMS New York: Embodied Conflict: the Neural Basis of Conflict and Communication | <https://www.connexusconflictmanagement.com/embodied-conflict/>

01:28:30 Sally (Binghamton, NY area): I did not know about the CUNY Dispute Resolution Consortium housed at John Jay. I'm the Executive Director of the NYSC AAUP. Would love to connect! [sdearhealeyaaup@gmail.com](mailto:sdearhealeyaaup@gmail.com).

01:36:36 David Thaler (FMCS, in NJ): Phineas

01:38:39 Niki Borofsky | JAMS New York: Phineas Gage: Neuroscience's Most Famous Patient | <https://www.smithsonianmag.com/history/phineas-gage-neurosciences-most-famous-patient-11390067/>

01:39:37 Mike Lampert-NYC: Now a days, non-destructive fMRI is an important tool

01:40:33 Sally (Binghamton, NY area): The baby also brings with it at least 3 generations of experiential history, e.g., Dutch Hunger Study (and others) which impact our beliefs and behaviors.

01:44:39 Tzofnat PB Oregon/Israel: The question of why we are so obsessed with being right and perceived positively brings cultural considerations like the Western Individualist culture we are all embedded in that focuses us on ourselves and everything outside is a threat we need to defend ourselves against

01:46:29 Moira Osorio: please share more about how the interaction resulted when you spoke about this with the parties...

01:48:16 Quaiser D. Abdullah: This sounds like psycho ed... Where you help some folks learn about the issue and themselves cognitively before you do the skill development.

01:50:07 Moira Osorio: love this! thank you

01:50:32 Miriam NYC: I'm thinking of the sometimes asked question, "Would you rather be right, or would rather be in relationship" or "Would you rather be right, or would you rather be happy?" Which I now realize may be dismissive of the deep need to be right.

01:51:59 Niki Borofsky | JAMS New York: If you have a question you would like to ask "live", please raise your virtual hand, or pop a note in the chat.

01:52:32 Niki Borofsky | JAMS New York: Necker cube | [https://en.wikipedia.org/wiki/Necker\\_cube](https://en.wikipedia.org/wiki/Necker_cube)

01:52:37 Karen Tibbals NJ: Would you say that the Willer and Feinberg technique of moral reframing works because it makes the information fit into the framework that the people already have?

01:55:57 Niki Borofsky | JAMS New York: Ambiguous images | What do you see? | [https://en.wikipedia.org/wiki/Ambiguous\\_image](https://en.wikipedia.org/wiki/Ambiguous_image)

01:55:59 Eileen - Thousand Islands NY: I think we've all had the experience of 'seeing' a participant start moving towards understanding...and then they bounce back to their 'default' belief. Because the default is so much stronger than we realize and its feels safer to the participant. It takes more time and energy for the mediator, but can have profound long-term affects to stick with it through more than one session.

01:56:19 David Thaler (FMCS, in NJ): Professor Hicks, your point is consistent with that of a previous ACR-GNY speaker, professor Peter Coleman, who says that "complexification" is the key to getting people to open up their minds and hearts. This would seem to be one antidote to the neural straightjacket/comfort zone that you are emphasizing.

01:56:36 Courtney Cole - Gloucester, MA: How does being in a perceived or real position of less power than other (In conflict) impact the capacity to maintain a balance between stability and plasticity. How does trauma (even non-violent) affect this?

01:58:52 David Thaler (FMCS, in NJ): Please provide citation to that framework. Thank you.

02:00:27 Karen Tibbals NJ: I have written a book about the Willer and Feinberg technique in my book "Persuade, Don't Preach". Here's the citation for the technique: Willer, Robb, and Matthew Feinberg. 2015. "From Gulf to Bridge: When Do Moral Arguments Facilitate Political Influence?" Personality and Social Psychology Bulletin 1-17.

02:02:35 Tzofnat PB Oregon/Israel: The gender issue has changed dramatically over the past 50 years which can indicate the central role of social construction and our ability to change our perceptions and interactions

02:03:31 Niki Borofsky | JAMS New York: Thank you @Karen Tibbals! Also see, Moral reframing: A technique for effective and persuasive communication across political divides | <https://compass.onlinelibrary.wiley.com/doi/abs/10.1111/spc3.12501> (ResearchGate link: [https://www.researchgate.net/publication/337861541\\_Moral\\_reframing\\_A\\_technique\\_for\\_effective\\_and\\_persuasive\\_communication\\_across\\_political\\_divides](https://www.researchgate.net/publication/337861541_Moral_reframing_A_technique_for_effective_and_persuasive_communication_across_political_divides))

02:06:41 Quaiser D. Abdullah: Is this where we get into some of the differences between approaches to mediation, as in Problem-Solving vs for example Transformative? Would this be a case where it is beneficial to learn different models?

02:15:32 David Thaler (FMCS, in NJ): Transformative theory is consistent with what you are saying, Professor Hicks, because the empowerment promoted in Transformative mediation generously allows for the retreat into that neural comfort zone as a prerequisite for letting go of it. (recognition) If you ask someone to leave that neural comfort zone too abruptly, it will be too jarring and likely to be rejected.

02:19:30 Niki Borofsky | JAMS New York: The effect of taste on judgment and decision-making and its mechanism | <https://journal.psych.ac.cn/xlkxjz/EN/10.3724/SP.J.1042.2020.01678>

02:19:48 Niki Borofsky | JAMS New York: A Bad Taste in the Mouth: Gustatory Disgust Influences Moral Judgment | <https://www.jstor.org/stable/25835368>

02:20:05 Tzofnat PB Oregon/Israel: @David Thaler, you may see it also from a social perspective. Instead of neural comfort, social psychological comfort manifested in our neural system, yet triggered by social psychological conditions. The neuro system is activated yet not necessarily explaining human phenomena in its full complexity!

02:28:56 Niki Borofsky | JAMS New York: The Neuroscience of Freedom and Creativity | <https://www.cambridge.org/core/books/neuroscience-of-freedom-and-creativity/4E595EF3A4A75BABB82CB4EB4CE85E34>

02:29:19 Karen Tibbals NJ: There are people who have a high need for cognitive closure. Are the neural structures of these people somehow different?

02:37:51 Michael Lang: For a further exploration of these ideas, here is a link to a conversation I had with Tim. <https://youtu.be/vK4vzeyAIsA>

02:45:37 Niki Borofsky | JAMS New York: Studies show that language production can be inhibited in highly stressful circumstances | <https://www.drloucozolino.com/trauma/our-primitive-response-to-stress>

02:51:41 Claudia Frankel Grosman: 

02:51:44 Joan Hogarth NYC: Always an interesting topic and delivered so well. thank you Professor and the Breakfast Committee of ACR GNY

02:51:44 Niki Borofsky | JAMS New York: If your interest has been piqued, check out Tim's book | Embodied Conflict: The Neural Basis of Conflict and Communication (By Tim Hicks) | <https://www.routledge.com/Embodied-Conflict-The-Neural-Basis-of-Conflict-and-Communication/Hicks/p/book/9781138087125>

02:51:52 David Thaler (FMCS, in NJ): Thank you!

02:51:59 Eileen - Thousand Islands NY: Thank you so much! Good stuff

02:52:07 Cris Houston: Thanks. I have bought your book. Have a great day!

02:52:15 Cris Houston: day!

02:52:15 Rita Callahan NYC: Fantastic!! Thanks you so much.

02:52:27 Anna Brudvig: Thank you!!

02:52:28 Frances Calafiore: So helpful! Thanks so much.